

Pontesbury Parish Newsletter

July 2023

Issue No: 299

Rounders

Everyone knows someone who has played or plays rounders, it's been part of the community for over 30 years. It was originally started by Snailbeach WI who encouraged other WI groups to make a team and they played each other. Mums took a long their children and these children went onto play and this has grown and grown with a league boasting two divisions now called Minsterley & District Rounders League. Teams play from local pubs and can be seen on most Tuesday or Wednesday evenings in villages in the Rea Valley Area and Oswestry. This is an evening out for women and young ladies to socialise and forget about the stresses of every day life.

Photo of Snailbeach WI early 80's - Back Row Glynis Betton, Sandra Evans Geraldine Heath & Pearl Waters. Middle Row Pat Carr. Bottom row Elsie Rowson Jill Rowson, Val Evans, Joan Evans, Betty Stephens



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Deadline for September edition is 11th August 2023 - please send all articles, requests for adverts and event dates to deputy@pontesburypc.org.uk

People from outside our Parish are interested in what's going on in our vibrant village, so please bring your newsletter back to be reread. Many thanks

Pontesbury Parish Council News

The Council held its last Parish Meeting on Monday 12th June 2023 in Cruckton Village Hall and the next Parish Council meeting will be held on Monday 10th July 2023, at 7.30pm in Habberley Village Hall.

The Parish Council agreed the Annual Governance & Accountability Return, a set of documents and financial statements that local councils are required to prepare and submit each year. The AGAR helps ensure that local councils comply with statutory requirements and regulations. It includes information on the council's financial management, internal control procedures, and adherence to relevant laws and regulations.

The Notice of Public Rights and publication of the Unaudited Annual Governance & Accountability Return (AGAR) for the Accounts for the Year Ended 31st March 2023 was published on 14th June, in accordance with the Local Audit and Accountability Act 2014 Sections 26 and 27 and the Accounts and Audit Regulations 2015 (SI 2015/234). To view the Council's please visit the Pontesbury Parish Council website www.pontesburyparishcouncil.org.uk.

The Parish Council noted that Shropshire Council may undertake a Community Governance Review on parish council boundaries, but this is not due to start until the Boundary Commission Divisional Boundary Review has been completed. It was requested that a Parish Council Boundary Working Group be set up to gather relevant evidence and canvass local opinion regarding Pontesbury Parish Council boundaries. This item will be added to the July Full Council Meeting.

The Chairman of the Planning Committee reported back on the June Committee meeting and decisions made, noting the Hare & Hounds affordable housing cross-subsidy scheme pre-application was presented; the Committee are pleased with the designs and note that the properties will be starter homes, with a market value discount of 20%. The next Planning Committee meeting will take place on Monday 3rd July 2023 at 6.30pm in the Pavilion and all members of the public are welcome. If you wish to comment on a planning application, please use the Shropshire Council planning portal at <https://pa.shropshire.gov.uk/online-applications/> or pass your comments through Cllr A Hodges at ahodges@pontesburypc.org.uk.

All Parish Council meetings are open to the public and there is a dedicated 15 minute spot for people to raise issues, bring news or you can just come along and listen.



Pontesbury Library

Opening hours

Monday	10am - 1pm	
Tuesday	10am - 1pm	2pm - 5pm
Wednesday	Closed	
Thursday		2pm - 5pm
Friday	Closed	
Saturday	10am - 1pm	
Sunday	Closed	



www.shropshire.gov.uk
General Enquiries: 0345 610 9990

News from the Library Owl

This year's Summer Reading Challenge is **Ready, Set, Read!** Sign-up at the library from 8th July, read 6 books, collect stickers and a medal.

During the school holidays we will also be running craft events and some outside games and activities, lookout for posters. Check out summerreadingchallenge.org for online activities and to help you choose your books, use the online book sorter. We even have some new gadgets/tablets that you can use when in the library. These have been kindly bought by the Friends of the Library (FoPL). Please ask the library staff if you would like to try them out. They will also be useful for homework help, games, puzzles and Bitesize.

I'm gradually getting my research on Lily Chitty and her Shropshire family ready to display in September, it's been fascinating to compile. I'm also hoping to borrow some of her paintings to exhibit.



VOTE FOR YOUR PLAN

The external examiner has recommended that Pontesbury Neighbourhood Plan can go to a Parish referendum. Subject to its approval by Shropshire Council Cabinet on 19th July, the one day referendum will be held early in September. When the date of this has been confirmed details will be widely publicised throughout the Parish. The referendum will consist of a simple YES / NO vote on whether you support the plan.

In his report the examiner acknowledges that the plan has been subject to appropriate public consultation with good participation rates and that the responses to the consultation have "actively shaped the plan". He agrees that "the overall approach focuses on retaining the area's character whilst improving employment opportunities, leisure and community infrastructure".

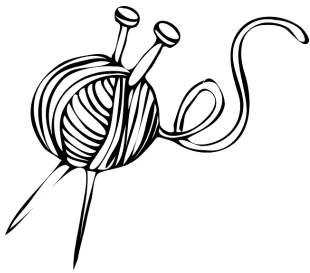
The Steering group thanks the hundreds of Parishioners who have contributed to the plan and encourages everyone to have their final say in the referendum.

To advertise in Pontesbury Parish Newsletter, please contact: [deputy @pontesburypc.org.uk](mailto:deputy@pontesburypc.org.uk)

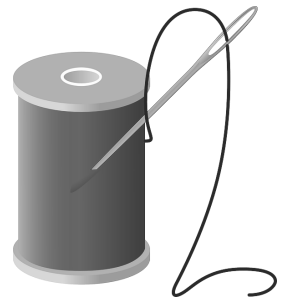


the PAVILION

Pavilion News July/August 2023 - What's On



We hope to see you at the
‘Get Creative groups’ on:
Thursday 6th & 20th July
Thursday 3rd & 17th August at
The Pavilion from 11am to 1pm



Drinks and biscuits are provided and there is no charge.
Bring along any project you are working on and have a chat with fellow
creators. Everyone welcome.

Carer's Support Morning - Pavilion, Hall Bank, Pontesbury

Friday 28th July & Friday 25th August 2023 - from 10.30am

Shropshire Council, Age UK STW, Alzheimer's Society, Pontesbury & Worthen Care Coordinator, Pontesbury Parish Council and Rea Valley Community Good Neighbours are all working together to support unpaid carers locally. Everyone is welcome to attend and we aim to bring information you, the carer, wants to know about. The sessions are held on the last Friday of each month, 10.30-12.00, they are free to attend and refreshments are served, thanks to the Community Good Neighbours volunteers.

Everyone is welcome to attend and the sessions are a chance to have a cuppa, chat, share information and connect with others who are supporting family or friends



Elevate Strength & Balance Classes

held in the Pavilion
on Mondays from 2-3pm &
Thursdays from 10-11am

Contact Energize to book your place:

Email: elevate@energizestw.org.uk

Call: 07852 871589 or 01743 297191

Elevate classes are designed to
improve strength and balance
for local people aged 60+



**Wednesdays 10-12am – Sea
Change Trust Family Drop-in
& Craft – FREE Term Time Only**

Free play & activities aimed at
pre-school children. Chat and
cuppa for parents/carers. Come
along and meet other parents/
carers.



**Pontesbury Dementia
Support Café**

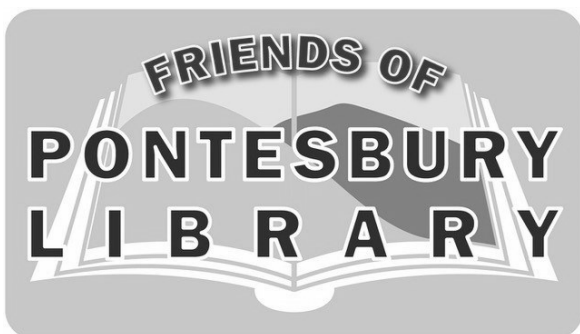
Alternate Wednesdays in the
Pavilion

5th & 19 July @ 11am

2nd & 16th August @ 11am

For all Pavilion enquiries please
contact Anna at:

admin@pontesburypavilion.co.uk



News from the Friends of Pontesbury Library

AGM

Thank you to all those who attended our AGM. We had to say farewell to FOPL Vice Chair Bob Tune, but are delighted he is still on the committee. Bob's contribution and determination to keep our library open has been much appreciated over the last few years. Please contact yvonne@pontesburylibrary.co.uk if you might be interested in finding out more about being on the FOPL committee and/ or stepping up to fill this vacancy.

Following the main business of the evening we were delighted to welcome Emily Bell from Shrewsbury Ark. Emily gave an informative, upbeat speech about the purpose and activities provided at the Ark in their new home just beyond Shrewsbury station. There are many reasons for homelessness. It is devastating, dangerous and isolating. National statistics estimate that 558 people were homeless in Shropshire on any given night in 2022 – including 147 children. In the context of such grim statistics, it was encouraging to hear that Emily's Ark team of volunteers are having such success in providing help in a safe and well-maintained space. Call 01743 363 305 or email ark@shrewsburyark.co.uk to find out more about Shrewsbury Ark's work.

Upcoming Events

Summer Holiday Fun!

Library Manager Beverley Link is organising activities to celebrate the regular national SUMMER READING CHALLENGE and devising a fun summer holiday programme for children including arts & craft, games and stories. The free places are limited so please visit the library to book your children in asap.

SEPTEMBER SWAP SHOP

BABY & CHILDREN'S PRE-LOVED CLOTHES & EQUIPMENT EVENT

Saturday 9th September from 10am at the Congregational Hall, Pontesbury

FOPL and the Pontesbury Climate Emergency Action Group will be holding a pre-loved clothes & equipment event to help recycle items that are no longer needed and help you save a bit of cash at the same time. All items are free, but we're asking you to start sorting baby and children's items e.g. clothes, toys, baby seats, high chairs, etc in readiness for the SEPTEMBER SWAP SHOP. Exact details about where and when to bring items will be announced shortly, so please don't throw anything away yet! In the meantime further info can be obtained from the library and/or yvonne@pontesburylibrary.co.uk or elizabethknowles1@gmail.com

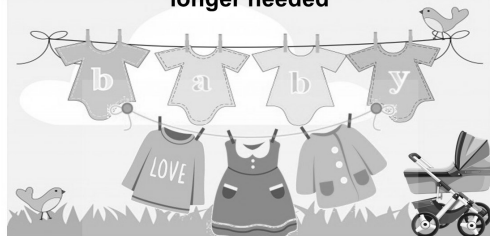
September Swap Shop

Save the date

**Saturday
9th September
at 10am in**

Congregational Church Hall

pre-loved children's clothes & equipment event to help recycle items that are no longer needed



Friends of Pontesbury Library hold a Coffee Morning at the Pavilion on the first Saturday of each month.

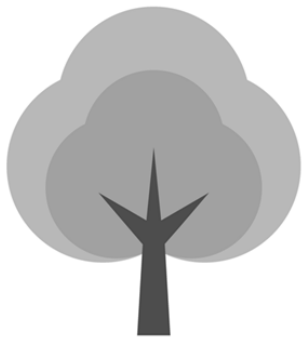
The next dates are Saturday 1st July, Saturday 5th August and Saturday 2nd September.



Rhymetimes

Second Thursday of the month
at 2pm- 2.45
Songs and shakers!

The next
Rhyme Time
will be on
13th July
starting at 2pm.



Community
Good
Neighbours
Pontesbury & Rea Valley District

News & Events

July/August 2023

Friday 14th July & 11th August 2023 Coffee Morning

10:30am to 12:00pm - Plough Inn

All are welcome to come along.

For all upcoming events please view our Facebook page for all updates.



Do you have some spare time to help your community?

If you would like to volunteer OR
you (or someone you know) would
like a service, please leave a
message on:

07944 891953

Rea Valley Community Good
Neighbours need volunteers, if you
can spare an hour a week to pick
up prescriptions, have a chat over
the phone or visit someone who is
isolated, please call us on the
number above, we'd love to hear
from you. Thank you



*Lady's
Afternoon Tea*

£20 a ticket to include
Afternoon Tea & a
Welcome drink

Tickets available shortly
(limited availability)

29TH JULY 2PM-5PM
at the Plough Inn Pontesbury

There will be Irish Bingo,
Ladies Tombola and a Raffle

In memory of Alan Hughes & Wendy Beesley

PROCEEDS TO LINGEN DAVIES
CENTRE & THE LITTLE RASCALS
FOUNDATION



In the event of rain the event will
move to Pontesbury Public Hall

100 Club Winners for June

£25 Joyce Hayward

£15 Neville Lewis

£10 Mark Leighton

Future Events

Christmas Lunch Wed 20th December
The Corbet Arms, Uffington
£30 including coach & two courses

Panto tickets Theatre Severn, Shrewsbury
Jack & the Beanstalk on Thur 14th December
£25 to include coach

Phone Rea Valley & Pontesbury Community Good Neighbours number for any info or to book
any of the events listed above **07944 891953**

Pontesbury Congregational Church Services for July & August 2023

2nd July 10am Deacons
 9th July 10am Jan Hocking
 16th July 10am Olwen Lethbridge
 23rd July 10am Howard Robinson
 30th July 10.30am Joint Service of the Three Rea Valley Congregational Churches at Minsterley Congregational Church.

6th August 10am Deacons
 13th August 10am Rev Debbie Martin
 20th August 10am To be confirmed.
 7th August 10am Rev Debbie Martin

Wednesdays 10.45 -12 noon -
 Coffee/tea and fellowship.
 Everyone welcome

Pontesbury Baptist Church

Chapel Street, SY5 0RJ

www.pontesburybaptist.co.uk

We have services twice every Sunday – at 10:30 am and 6:30 pm. You don't have to book ahead, and there's no dress-code - please just come as you are. Everyone is welcome! For more information please email: info@pontesburybaptist.co.uk
 In addition, every service is streamed live via our church website, and recordings of previous sermons are available on the website and our YouTube channel.

Methodist Services for July & August:

2nd July 10.45 am Rev Richard Hall with Holy Communion
 9th July 10.45 am Church Members
 16th July 10.45 am Rev Richard Hall
 23rd July 10.45 am Mr Mike Hallworth
 30th July 2.30 pm Cluster Service at Worthen

6th Aug 10.45 am Mr. Nigel Gibbon
 13th Aug 10.45 am Rev Richard Hall with Holy Communion
 20th August 10.45 am Church Members
 27th August 10.45 am Church Members

St. George's Church www.st-george.org.uk

Services and activities for July & August 2023

2nd 10.30am Morning Worship
 4th 2.30pm Tea Service
 9th 10.30am Holy Communion
 16th 10.30am Holy Communion
 23rd 10.30am Holy Communion
 30th 10.30am Holy Communion.
 (Group Service)

6th 10.30am Morning Worship
 13th 10.30am Holy Communion
 20th 10.30am Holy Communion
 27th 10.30 am Holy Communion

PICK UPS FOR PEACE

My name is David Evans and currently privileged to be President of Minsterley Show Society. After recent involvement in delivering a donated Pick Up to Ukraine as part of the initiative "Pick Ups For Peace" supporting the Ukrainian Military, Minsterley Show Committee is organising the sending of another; community funded. The plan is to take it around the community inviting donations to enable delivery in September, with Show Day Saturday 19th August being the focal point of the appeal.

To keep updated on progress please refer to the website minsterleyshow.org and social media

Remembering Maxine Hall 1970-2022

There will be a gathering in memory of Maxine on Sunday 23 July 2023 at Snailbeach Village Hall starting at 4.00pm until 7.30pm, which is what Max had

requested rather than a formal funeral. There will be pictures of and by Maxine displayed throughout the afternoon, a buffet from 5.00pm and live music at 6.00pm.

Max attended the Mary Webb School from 1981 to 1986, as did her son Elijah Hall from 2014 to 2019. In 2019 she developed ovarian cancer; last year on 25 July she was taken to hospital for the last time - visitors not allowed in. Ten days later she was told that there was no further treatment they could offer her and that they would make arrangements to transfer her to the hospice. Once there, she could receive family and friends, more sometimes than could all fit into her room; and they came - some flying from Rome, Zagreb and Vancouver to say farewell. Tim was there with her day and night until she breathed her last, and has now booked the hall for this memorial. Everyone who knew Max is welcome to come to our celebration of her life, but please RSVP to Reuben on 07891 136 078, if possible, to give an idea of numbers for catering purposes. Come to all or part of the day, or come in and out as you please.

There will be a collection to support Severn Hospice where Maxine was cared for so beautifully during the last five weeks of her life. Maxine's sister Verity ran the London Marathon in April, raising money for Ovacom, the charity which supported Maxine, and has been asked by Severn Hospice to run it again for them next year.

Jenny Alldridge

Pontesbury WI



Pontesbury WI met on Monday 12th June. We had a really busy meeting with a very special guest speaker Victoria Graham who's title was "The Biscuit Club". Everyone really felt that Vic has had a great interesting life helping people. During our meeting we also held a pie making competition ready for our Inter-WI competition due to take place in October. All the WI members judged the competition, presenting Lorna Wright with 1st place having made an excellent pie. Lorna will now be making the Pontesbury WI pie for our Inter-WI competition. Next month we will be holding a bag making competition. Lorna also won our raffle, it really was her lucky day.

Our single stem flower completion saw lots of entries this month. Victoria judged the competition -1st place went to Sue Ward, 2nd place to Marion Burgess and 3rd place to Lena Rowson.

Joan Rogers, a WI member, had represented Pontesbury WI at the National Federation of WI's. She gave a comprehensive report on the Annual General Meeting which was extremely interesting.

Our next meeting will be held on Monday 10th July. It will be an afternoon of Murder Mystery and the Family Tree presented by Linda Brown and Mike Mc Gary. This should be an excellent meeting.

Why not join us to see what the WI is about. The first 3 meetings are free. We meet on the second Monday afternoon of the month at Pontesbury Public Hall. Please contact Irene Windows, President, on 01743 791903 for further information. Maxine Pittaway. Events Organiser.

Pontesbury Women's Club

Tuesday 11th July
Shrewsbury Flax Mill
a talk by Richard Bonella

There is no meeting in August

Join us on Tuesday 12th September
when Fran Smith will tell us about
'My Life as a Vicar's Wife'

PWC meets at 7.30pm on
the second Tuesday of the month
At Pontesbury Public Hall
Visitors and New Members are
always welcome

West Shropshire Flower Club There were two demonstrators at the May meeting, Kath Jones and Betsi Davis who gave their aptly named demonstration 'It takes two'. The pair started with both doing different interpretations of an inverted crescent design, using the similar foliage and the same purple anthuriums, dendrobium orchids, pink carnations and spray roses. It was interesting to see the different ways they worked and the similarity of the arrangements. They then took it in turns, starting with a design framed by a ring with some contorted willow passing through it for movement, the base was filled with greenery with low block placements of rusty calla lily, yellow quill chrysanthemums, gerbera and contrasting purple alliums. This was followed by a foam free arrangement in chicken wire, with densely placed flowers of the moment – rhododendron, peony, viburnum opulus, sweet pea, astilbe and roses, creating a fabulous arrangement. The final design was a contemporary parallel design in a 'meadow' style. Blue delphiniums gave height behind iris, with lower block placed chrysanthemums and alliums.

The next meeting of the West Shropshire Flower Club is on Wednesday 26th July 2023 - Club evening on willow work. Following meetings will be at Westbury Village Hall starting at 7.30pm.

23rd August 2023 – Brigitte Manton Broliology / 27th September 2023 – Sally Taylor – Sallying Forth / 25th October 2023 – AGM / 22 November 2023 – Mark Entwhistle – Believe in the Magic

JUST ONE THING.....to help save the planet

Tip No. 16 Recycle your used Aluminium Foil

Recycling aluminium uses 95% less energy than producing the metal from new. Popping aluminium cans in to the recycling bin is easy but pieces of kitchen foil, wrappers, pot lids and foil trays are often discarded by sorting machines as being too light and too small.

Recycle Now urges you to wipe off any food residue or rinse in washing up water and scrunch up the aluminium foil to form a ball - the bigger the better - the size of a tennis ball at least. If you are unsure and the material springs back open when scrunched it is not recyclable.



Pontesbury Climate Emergency Action Group

Pontesbury Primary School



Junior Pontesbury Players:



News from 1st Rea Valley Scouts

Firstly, we'd like to thank everyone who's donated to our cause through the Co-Op Community Fund. Your support has enabled us to fully restore our leaky and rotten camping trailer and will keep it going for many years to come. Thanks also to our Scout Section Leader Paul Garratt for his hard work.

One of our key goals for this year is to restart an Explorer Scout Unit, for local youngsters between 14 and 18. Watch this space, we're planning to restart this Autumn.

We celebrated the Kings Coronation with an open evening in May, and were glad to welcome many members of the local community who came to say hello. Thank you for your support.

Round up from the Sections:

Beavers had a great fun sleepover at Snailbeach village hall in the Spring, and have been developing their cycling, cooking and craft skills. They visited Shrewsbury Fire Station, and have been Geocaching around the village. In July, they will be having an Archery session, and ending the term with water games, always a favourite.

Cubs had a successful weekend camp in the Peak District. For many this was their first time under canvas and away from home. They practiced their pioneering skills, and navigated their way around a long hike.

Scouts have been honing their camping and campfire cooking skills, map reading and compass navigation on The Long Mynd and learning about fire safety. They are thankful to the team at Minsterley Fire Station who demonstrated releasing casualties from crashed cars.

We always need adults to help run our sections. Please do consider whether you can spare any time at all, even if only an hour a fortnight. We cannot provide these activities for the youngsters without volunteers. Contact our Group Scout Leader Ewan Bent for a chat - ewanbent@gmail.com.




Repair Cafe dates for 2023

Saturdays 10.00 - 12.00hrs (second Saturday of the month on alternate months)

8th July / 9th September / 11th November in St George's Church Pontesbury

Repairs need to be bought early to give the volunteers chance to repair while we are open.



Living in Brittany
France

Wed 19 July 2023
2pm to 4pm
Minsterley Parish Hall

Annual General Meeting
"Living in Brittany" – Steve Anderson
Cheese & Wine

OPEN MEETING
Members & non-members welcome

u3a Pontesbury & Rea Valley

Pontesbury & Rea Valley u3a

– “Living in Brittany”



Ever fancied knowing what it really is like to “live the dream”?

Pontesbury & Rea Valley u3a is holding its next Open Meeting on Wednesday 21st June 2pm – 4pm at Minsterley Parish Hall where our own membership secretary, Steve Anderson, will be recounting the stories from 13 years of living in France – and to get you into the right mood, refreshments will be wine and cheese!

Please come along and join us for a fun-filled talk. Members and non-members all welcome! There will be the AGM beforehand which will be kept as short as possible so we can then proceed promptly to the presentation.

The u3a promotes lifelong learning across a wide range of activities and subjects and fosters friendship and fun, open to anyone who is older, retired or not in full-time employment. Website: u3asites.org.uk/pontesbury-reavalley.

The Pontesbury Perambulation

Join Our Charity Walk In aid of
Shropshire Rural Support & Rea Valley First Responders

August 13th 2023

Registration opens at 10am
in field next to The Nags Head
Pub (Pontesbury)

Two overlapping, circular routes
to choose from :-

- **10 miles (3-4 hours)**
- **5 miles (2-3 hours)**

A voluntary £10 donation per walker. Maps
will be given to all walkers at registration

Pontesbury Runners will be running an 8-week Beginner's running course starting on Wednesday 13th September 2023. The 8-week course of coached sessions is for beginners/those returning to running (aged 16 or over) and will take place on Wednesday evenings from 6.30-7.30pm.

Pontesbury Runners is run by David Crosby, a UK Athletics/England Athletics qualified Coach in Running Fitness (CiRF) qualified to provide a safe and enjoyable running experience for young people aged 12+ and adults of any ability. David is DBS checked, insured by UK Athletics, and lives in Pontesbury. Pontesbury Runners is a local Run Together group which is part of England Athletics.

For more information or to sign up for the course please go to the Pontesbury Runners group page on the Run Together website - <https://groups.runtogether.co.uk/> PontesburyRunners - or join the Pontesbury Runners Facebook group - search 'Pontesbury Runners' and click 'Join'.

What a sporting legacy they have left for the village!

At the recent Annual General Meeting of the Pontesbury Sports Association (PSA) two long serving committee members stood down after a combined service of more than 70 years. Roy Picken (Chairman) and David Wilson (Treasurer) alongside others have been instrumental in the formation and on-going running of the PSA.

The PSA was formed in the early 1980's when both the football club and cricket club were looking to relocate. The football club was next to the cemetery and the cricket club was on Hall Bank. The PSA supported by the Parish Council successfully developed a new site, opposite the Nags Head. The pavilion opened in 1992 and the bowling green in 1999.

From the origins of a football team and two men's cricket teams, the Pontesbury Sports Ground is now home to Worthen Juniors FC (both boys and girls teams), a women's football team, Mytton Rounders, Pontesbury CC (three adult teams, midweek, ladies hardball and softball, boys and girls from four years old to 15 years old) and Pontesbury Bowls Club.

The sporting community owe both Roy and David a huge debt of gratitude for all their hard work over the decades promoting sport in the village. It is now up to those of us who have picked up their baton to continue to encourage the participation of sport in our community as we are now only too acutely aware of the physical and mental benefits that sport can bring.

Thank you, gentlemen.

Tim Barber, Chairman Pontesbury Sports Association.

Community Food growing in Pontesbury

Inaugural get together, Wednesday 6th September. The Pavilion 7pm.

This is an invitation for anyone in the Pontesbury area who is interested in growing food for our community to come to a short meet up in September to discuss possibilities and opportunities.

No expertise needed. Everyone welcome.

Please contact Liz : elizabethknowles1@gmail.com or just come along on the day .

Pontesbury & District Gardeners' Association

Our show will be held this year on Saturday 26 August in the Public Hall. It is open for public viewing at 2.30pm but open for exhibitors to set out their exhibits between 7-8.30pm on Friday 25th and 8-10.30am on Saturday. Refreshments will be available for a small fee and there will be a plant sale.

Beginners' Classes This year we have introduced a small number of classes for those who have never exhibited before and would like to try it out with less pressure. These classes are in the Vegetable, Flower and Cookery sections and are similar to the main classes but with less demanding criteria – such as fewer specimens required.

Photography Classes The subjects for this class are:

- A local landmark
- The Coronation of King Charles III
- Technology
- A Sunset

All photographs should be a maximum size of 7x5" / 18x13 cm and be unframed.

Schedules The Show schedules, which include details of entry fees and prizes as well as an entry form, are now available from the Trading Post, the Library and shops in the village.

NATURAL ENGLAND Notes from the hill

July on the hill sees the bird song reducing as they generally have more important things to do like feeding their young. For us it's all about bracken cutting and hay making. Generally, our hay meadows are closed up in May and allowed to grow until after mid-July when they are mown. Some of the flower-rich meadows are cut for green-hay which is used to help others create hay meadows, as it is a way of transporting the seeds from one site to another. We keep a certain amount of hay for our sheep and ponies in case of poor weather in the winter. However, our animals are hardy primitive beasts that don't generally require feeding in the winter, so we also sell some of our hay locally.

We will be out with volunteers throughout July cutting bracken with scythes. We have found the Austrian scythe to be a very useful tool for this, particularly on some of the more inaccessible and steep grasslands around the hill. Being light scythes are easily transported and carried up the hill, less cumbersome than brushcutters, needing no protective equipment like ear defenders and visor and much more enjoyable to use.

If you still require convincing, then you should come along to the Shropshire Hills Hay Meadow Festival at the Discovery Centre in Craven Arms on the 15th of July. There you can see the scythe in action, have a go and even purchase your own.

The dry weather looks like it going to persist so please avoid any action that might be likely to start a fire and if everyone can keep their eyes out for fires and call the fire brigade if required.

Our next public event is our bat and moth evening on Friday 18th of August 8.30pm until late. This will be a drop in event at the reserve car park with free admission and no booking required.



Functional Fitness MOTs



Feeling less steady on your feet? Measure your strength, balance and stamina against "normal" for your age, try a free exercise taster and find out how to stay upright and active.

Thursday 20th July 2023
Pontesbury Public Hall
Shrewsbury Rd, Pontesbury SY5 0QD
from 9.00am – 4.00pm

Book your FREE 2.5-hour appointment

Call 01743 360641 or
email enquiries@community-resource.org.uk

Funded by:



Community Resource is an operating name of the Community Council of Shropshire. A Company Limited by Guarantee 4653467 and a Registered Charity 1096779

**Are you aged between 60 and 95? Do you feel at risk of falling?
Then why not book yourself in for a Functional Fitness MOT?**

Your session includes:

- A one-to-one session of simple tests to see how you're doing for your age bracket or whether you could benefit from being more active.
 - A short taster session in gentle exercise and the chance to find out about suitable local activities and online exercise opportunities.
 - A talk and film presentation on how to reduce your risk of falling, develop a personal Falls Plan for your home and learn how to get up safely if you do fall.
- Take home your fitness test results, personal action plan and information about health, activity and improving strength and balance.



How can you join?

Call 01743 360641 or
email enquiries@community-resource.org.uk

Attendance is free but a donation towards the work of our charity would be greatly appreciated.

A Welcome Brew

COMMUNITY DROP-IN

Tuesdays 10.30am - 12pm

A place to come along, grab a drink and have a chat. Free refreshments and activities.



All ages welcome



TAI CHI

The Tai Chi class in Pontesbury Public Hall is at 2.00 pm every Tuesday, until 15 August, and then again from Tuesday 5 September until just before Christmas,

Tai Chi is good for health in general, as it boosts the immune system and can help improve memory, balance, circulation, bone density, and indeed stimulates all the major organs. Do come along and join us at any time. We stop for a cup of tea at around three o'clock, and then continue until four.

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Closing Date for submissions for September newsletter is Friday 11th August 2023. Please send all articles to deputy@pontesbury.pc.org.uk.

Please use the same email address if you would like to advertise and we will send you a form.

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Rea Valley Probus Club

Meeting Dates:

12th July
9th August
13th September

Venue & Time:

Arscott Golf Club at
1pm



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JULY/AUGUST 2023 DIARY

Date	Time	Event	Venue
Every Tue	10am to 12 noon	Rea Valley Foodbank	Holy Trinity Minsterley
Every Tue	10.30am-12 noon	A Welcome Brew	Baptist Church
Every Tue until 15 Aug, then from 5 Sep	2pm	Tai Chi	Public Hall
Every Wed Term-time only	10am to 12 noon	Sea Change Drop-In for parents/carers of under 5s - free session with refreshments	Pavilion
Every Thu	10-12am	Rea Valley Foodbank	St George's Church
Every Fri	10am	Walking Local Footpaths	Meet at School Green
1st Saturday every month	10am - 12 noon	FoPL Coffee Mornings	Pavilion / Library
Sat 2 July	2pm	Junior Pontesbury Players present Charlie & the Chocolate Factory - FREE ENTRY	Public Hall
Mon 3 July Mon 7 Aug	6.30pm	Pontesbury Planning Committee Meeting	Pavilion
Wed 5 July Wed 19 July Wed 2 Aug Wed 16 Aug	11am	Dementia Support Café	Pavilion
Thu 6 July Thu 20 July Thu 3 Aug Thu 17 Aug	11am - 1pm	Get Creative Morning - Free with refreshments	Pavilion
Fri 7 July	4pm - 7pm	Pontesbury Primary School Summer Fair	Pontesbury Primary School
Sat 8 July & Sat 9 Sep	10am - 12 noon	Repair Café (please bring repairs in early)	St George's Church
Tue 13 July	2pm	Rhyme Time - stories & songs for pre-schoolers	Pavilion / Library
Fri 14 July Fri 11 Aug	10.30-12.00	Community Good Neighbours Coffee Morning	The Plough Inn
Mon 10 July Mon 14 Aug	2pm	Pontesbury WI AGM	Public Hall
Mon 10 July	7.30pm	Pontesbury Parish Council meeting	Pavilion
Tue 11 July	7.30pm	Pontesbury Women's Club (no meeting in August)	Public Hall
Wed 12 July Wed 9 Aug	1.00pm	Probus Club Meeting	Arscott Golf Club
Wed 19 Jul	2pm	u3a Living in Brittany! (... with cheese & wine)	Minsterley Parish Hall
Thu 20 July	9am - 4pm	Community Resource Functional Fitness MOTs	Public Hall
Wed 26 July Wed 30 Aug	7.30pm	West Shropshire Flower Club	Westbury Village Hall
Fri 28 July Fri 25 Aug	10.30am	Carer's Coffee Morning - join us for free refreshments & expert help	Pavilion
Sat 29 Jul	2-5pm	Good Neighbours "Lady's Afternoon Tea"	The Plough Inn
Sat 13 Aug	10am registration	Pontesbury Perambulation	Meet at Nag's Head
Sat 19 Aug	Showground open 8.30am	Minsterley Show	Minsterley Show Ground
Sat 26 Aug	2.30pm	Pontesbury & District Gardener's Association Show	Public Hall
Sat 9 Sep	10am	September Swap Shop - children's clothes, toys & equipment	Congregational Church Hall